



Invitation

„Our Balintian Roots and Routes”

Balint Group Weekend and IBF Council Meeting
in the Homeland of Michael Balint
BUDAPEST, HUNGARY
31 May – 02 June 2019

Dear Balintian Friends from all over the world are warmly invited!

All programs are either in English or dubbed.

[Visit the hometown of Michael Balint!](#)

Location: [Panorama Medical Center \(PMC\)](#)
1025 Budapest, district II, [Páfrány út 23/b.](#)

The Weekend Programme offers: Balint groups, a fishbowl large group, the IBF Council meeting, a commemoration at the memorial tablet of Michael Balint in the Castle District, where Michael and Alice Balint had been living and working in the Psychoanalytic Clinic founded by [Sandor Ferenczi](#), before they went to England. A sightseeing boat cruise on the Danube and a Saturday dinner at ‘400’ Restaurant are recommended options also.

NOTE: Taking part of Balint Groups means commitment to the whole weekend and that specific group you will be assigned to.

Registration fees and options

- **For IBF members: 80 EUR (early bird), 110 EUR paid after 1st of April**
- **Not IBF members: 95 EUR (early bird), 125 EUR paid after 1st of April**
- **Sightseeing tour: +12 EUR (one hour boat cruise on the Danube on Saturday)**
- **Saturday dinner: +10 EUR (includes one drink and a main course)**

NOTE: Extra meals, desserts, drinks can be ordered at Your own expense!

- **Accompanying attendees: 42 EUR**
(includes Friday dinner and party, Saturday boat trip and dinner at '400 bar')

The fee includes: conference professional program (incl. Balint groups), coffee breaks, Friday dinner and welcome party, Saturday lunch. Sightseeing and Saturday dinner are optional!

You can apply for the conference by filling the [application form here](#).

It is also available on [our Society website](#) as well as further detailed information.

IMPORTANT: Registration becomes valid only by paying the registration fee by transfer!

Transfer to: Magyarországi Bálint Mihály Társaság

Bank: OTP BANK NYRT. BUDAPEST 1061. Andrássy út 6.

IBAN: HU57 1178 6001 2006 0738 0000 0000

BIC (SWIFT): OTPVHUHB

Please add your name and birth as a note!

DETAILED SCHEDULE

FRIDAY, May 31

14:00 - 15:30 Registration, showing around in the PMC – meanwhile coffee break

15:30 - 15:50 Welcome speech, Opening of the weekend

15:50 - 16:10 Andras Spanyol MD, director: Introduction of the Panorama Medical Center -
How does a psychosomatic outpatient clinic work?

16:10 - 16:40 Lecture: Professor Marta Csabai PhD (Institute of Psychology, University of Szeged): From psychoanalytic roots to integrated care. Balint groups in the psychosomatic tradition.

16:40 - 17:00 Coffee break

17:00 - 18:30 Balint Groups I

18:30 - Evening welcome party: music, singing, dancing, Hungarian wines!

SATURDAY, June 1

09:00 - 10:30 Balint Groups II

10:30 - 11:00 Coffee break

11:00 - 12:30 Balint Groups III

12:30 - 13:30 Lunch break

13:50 - 16:00 IBF Council meeting (open access)

16:00 - 16:30 Coffee break (FOLLOWED BY ONLY OPTIONAL PROGRAMMES)

17:20 - 18:00 Commemoration [at the memorial tablet of Michael Balint](#)

18:00 - 18:30 Walking to the port for the boat trip

18:30 - 19:30 Sightseeing by boat on the Danube ([Jane Haining rakpart Dock 7](#))

20:00 - Dinner at [Restaurant '400'](#) ([Kazinczy utca 52.](#))

SUNDAY, June 2

09:00 - 10:30 Balint Groups IV

10:30 - 11:00 Coffee break

11:00 - 12:30 Large Balint Group

12:30 - 13:30 Closure of the Weekend, Feedback

Accommodation

The conference fee does not include the accommodation!

As the meeting will be held in Budapest's high season, we recommend you to make a provisional non-refundable hotel booking now! Two (of many) possibilities are:

- Hotel Danubius Flamenco, it is on the tram line 61 and about 40 minutes from the Panorama MC,
- Hotel Danubius Budapest, which is only 15-20 minutes away from PMC with tram lines 61 and 56. It is also near to a public transport interchange Széll Kálmán tér.

About Panorama Medical Center

The location fits the theme. The Panorama Medical Center Outpatient Clinic embodies a private psychosomatic approach. <http://www.panoramamed.hu/international-patient.html>

How can you get there? Panorama is in the district II, Buda. From Déli railway station tram lines 56 and 61 drives to the PMC ([‘Vadaskerti utca’ station](#)). These trams also stop at Széll Kálmán square, which is a public transport hub, here you can change metro line M2 as well. Detailed transport information will be available soon on our [Balint Society website](#).

If You have any questions, please, contact us via **e-mail: budapestbalint2019@gmail.com**

We all hope to see You soon!

In the name of the Board of the Hungarian Balint Society and the Organizing Committee

Katalin Dobó MD

President of the Hungarian Balint Society