


## Aachen Balint Workshop

Chairman: PD Dr. med. Guido Flatten, M.A.

Group Leaders: G. Flatten / G. Bergmann /  
D. Watt (GB) / W. Hagemann /  
R. Pongratz / D. Galke /  
N. Günzel

Organisation: A. Lesker/ D. Galke/  
A. Permantier/ R. Pongratz/  
J. Wiebusch, /D. Hamow/  
K. Balau, /A. Schmidt/  
A. Ouwenbroek

In cooperation with :  
the **International Balint Federation**;

 **EURIPP Euregio Institut für Psycho-  
somatik und Psychotraumatologie/Aachen;**

 **RÖHER PARKKLINIK, Eschweiler;**

**Ärztammer Nordrhein,**  
*Kreisstelle Stadtkreis Aachen;*  
**Studentische Anamnesegruppe Aachen**

### Accommodation:

Please contact „Verkehrsverein Bad Aachen“,  
Tel.: +49 241- 1802950 + 51

### Books:

During the entire conference **Auer & Ohler GmbH –  
Heidelberger Kongressbuchhandlung** will present  
an assortment of selected books for purchase.

### Conference Venue:

KHG - Katholische Hochschulgemeinde,  
Pontstr. 74-76, 52062 Aachen

## Balint work

### What is a “traditional” Balint Group?

It consists of 6-12 doctors with 1-2 leaders and it meets regularly. Meetings usually last for 1-2 hours and the group continues for 1 or more years. The method is that of case presentation without notes.

### What happens in a Balint group?

The leader asks “Who has a case?” The presenter who volunteers tells the story of a consultation, this is not a standard case presentation, but a description of what happened between the doctor and the patient. It need not be long, complicated or exciting but something that is continuing to occupy the presenter’s mind. It may be puzzling, or has left the presenter feeling angry, frustrated, irritated or sad. The group discusses the relationship between the doctor and patient and tries to understand what is happening that evokes these feelings. The feelings which the patient evokes are significant and may be reflected in the presenter or in the group. This facilitates the understanding of the patient.

All discussions within the group are confidential. (H. Suckling)

**Fishbowl** means to work in a traditional Balintgroup with an inner circle of 8 - 12 participants and an outer circle, watching the group work and adding comments, when they are asked to by the group-leaders. This adds more aspects to the presented case.

**Leadership training** requires experience as Balintgroup member.

### Die Deutsche Balint Gesellschaft e.V.

Am Fuchsberg 6 Tel: +49391/81067873  
39112 Magdeburg Fax: +49391/81067874  
1. Vorsitzender: PD Dr. med. Günther Bergmann  
Geschäftsführung: Dr. med. A. Kielstein  
Haftpflicht: 5000306256  
Email: geschaeftsstelle@balintgesellschaft.de  
[www.balintgesellschaft.de](http://www.balintgesellschaft.de)



## 21. National und 8. International Balint-Workshop

### Aachen

June 8th - 10th 2018

Partner Nation: Iran

„**Positive Psychothrapy-forming  
relationships by stories...**“

### „Newcomer`s day“

On June 9th, 2018

Offering: traditional Balint groups in German and  
English, theme centered Balint groups ,  
leadership training

for medical doctors of all specialties, psychologists,  
psychotherapists, child therapists, medical care  
professionales and social workers and students of  
medicine and psychology



Die Deutsche Balint  
Gesellschaft e.V.

## Organisation

<b>Module I:</b>	<b>Traditional Balint group</b>
<b>Module II:</b>	<b>Supervision of Balint groups (with German-Russian Translation)</b>
<b>Module III:</b>	<b>Traditional Balint group in English</b>
<b>Module IV:</b>	<b>Balint leadership training</b>
<b>Module S:</b>	<b>Newcomer`s day</b>

### Balint-„Newcomer`s day“ June 9th, 2018

The Newcomer`s day is offered for all participants, who want to get to know and feel what Balint work is like and for those who are not able to stay for the entire conference.  
Feel free to join us at the presentation, dialogue and the buffet after the groups!

### Day Excursion Thursday June 8th, 2018

To be booked via [gflatten@euripp.de](mailto:gflatten@euripp.de)  
Special Thanks to Röher-Park-Klinik / Eschweiler for the culinary delights.  
CME certification is available.

## Program

### Friday, June 8th, 2017:

15.00 – 17.15	Plenary address – fishbowl
17.30 – 19.00	Balint-groups
19.15	Presentation „Positive-Psychotherapy– forming relationships by stories“ by Nawid Peseschkian
20.15	Buffet and get-together
21:15	Listening to fairy tales

### Saturday, June 9th, 2018:

09.00 – 10.30	Balint-groups
10:30–11:00	Break
11.00 – 12.30	Balint-groups
12.30	Lunch break
14.30 – 16.00	Balint-groups
16.00 – 16.30	Break
16:30 – 18.00	fishbowl

### Sunday, June 10th, 2018:

09.00 – 10.30	Balint-groups
10:30–11:00	Break
11.00 – 12.30	fishbowl
12:30 –13:00	Plenary discussion, feedback End of conference

## Admission

**Admission online [www.balintgesellschaft.de](http://www.balintgesellschaft.de)  
and by bank transfer to**

BIC NOLADE21CEL  
IBAN DE31 2575 0001 0054 5047 33  
Geschäftsstelle Deutsche Balint Gesellschaft  
Am Fuchsberg 6, 39112 Magdeburg  
Tel. 03 91 / 81 06 78 73, Fax 03 91 / 81 067874  
Mo. 08.00 – 18.00 Uhr  
Mi. 15.00 – 18.00 Uhr  
Fr. 09.00 – 13.00 Uhr

### Further information:

PD Dr. med. M.A. Guido Flatten, [gflatten@euripp.de](mailto:gflatten@euripp.de)

### Admission fee:

regular	240,00 €
member of DBG	200,00 €
Social professions:	100,00 €
Students total conference:	30,00 €

### Newcomer`s day:

regular:	100,00 €
Students Newcomer`s day:	free
Presentation and Dialog Forum only:	20,00 €

### Leadership training/

regular:	360,00 €
members DBG:	320,00 €

**reduction for early enrollment by May 8th, 2018:  
–10,00 €.**

Cancellation fee 20,00 €